

PERSONAL TRAINING

Decide.
Commit.
Succeed.



Copper Sky's Personal Training Sessions, and Session Packages, can be purchased at the Copper Sky Service Desk.

50 Minute Sessions

Total Number of Sessions	Total Cost	Price per Session	Number of Auto-Debit Payments	Price per Week
1	\$50	\$50	1	\$50
4	\$160	\$40	2	\$80
8	\$280	\$35	4	\$70
12	\$360	\$30	6	\$60

Packages may be purchased and paid in full, or **payment plans are available with an auto-debit payment program.**

*for information on payment plans, call (520) 316-4611

NEW!
25 Minute Training Sessions now available!

25 Minute Sessions

Total Number of Sessions	Total Cost	Price per Session	Number of Auto-Debit Payments	Price per Week
1	\$30	\$30	1	\$30
4	\$100	\$25	2	\$50

- ✓ Motivation
- ✓ Accountability
- ✓ Tailored Programs
- ✓ Exercise Efficiency
- ✓ Form Correction
- ✓ Injury Prevention

COPPER SKY
MULTIGENERATIONAL CENTER

For more information, please email Henry Pollock at henry.pollock@maricopa-az.gov